



Organizer: Department of Human Nutrition and Dietetics

University of Life Sciences in Poznań

We would like to invite the academic community to lectures, as part of the Erasmus + program, the speaker will be:

Roman Pawlak, Ph.D, RDN,

Associate Professor,

Department of Nutrition Science, East Carolina University

Dr. Pawlak is a faculty at The Department of Nutrition Science in North Carolina, USA. Dr. Pawlak's research interests include the role of vitamin B12 in the human body and the impact of plant-based diets on health. He has published over 40 scientific manuscripts in American and international journals, including the American Journal of Clinical Nutrition, European Journal of Nutrition, European Journal of Clinical Nutrition, American Journal of Preventive Medicine, Journal of Nutrition, and Nutrition Reviews. He has published nine books. He has lectured on nutrition on five continents (North America, South America, Europe, Africa, and Asia).

Bio: <https://nutrition.ecu.edu/wp-content/pv-uploads/sites/329/2020/08/011320-roman-pawlak-cv.pdf>

Presentation titles:

1. **Clinical insight into vitamin B12.** Time: Dec 7, 2021, 03:00 PM Warsaw

<https://us02web.zoom.us/j/86993842628?pwd=STY4UIVCeIV2aGcrOGZDaytFUmlhQT09>

Meeting ID: 869 9384 2628

Passcode: 123456

2. **Can a vegan diet be recommended to pregnant and lactating women?** Time: Dec 8, 2021 08:00 Warsaw

<https://us02web.zoom.us/j/83131669502?pwd=VGhmOE5wbHJzVzF4akVranRSVHJBUT09>

Meeting ID: 831 3166 9502

Passcode: 123456

3. **Common misconceptions about vitamin B12.** Time: Dec 8, 2021, 12.00 PM Warsaw

<https://zoom.us/j/95895812574?pwd=VWloK1VVOGNJYjdFODdEUTdVSE5oUT09>

Meeting ID: 958 9581 2574

Passcode: tLqz4k

4. **Dietary misconceptions among vegetarians.** Time: Dec 8, 2021, 05:45 PM Warsaw

<https://us02web.zoom.us/j/86715268208?pwd=c3V0NGFTQXdPUHVQZmJ6eVVIVXp5QT09>

Meeting ID: 867 1526 8208

Passcode: 123456
